



المؤتمر البحريني الأول للطب النفسي
The First Bahrain Psychiatry
Conference



Gulf Hotel - Gulf Convention Center
Manama, Bahrain

PROFILE

ORGANIZED BY:



12-13

OCT.
2023



Under The Patronage Of His Excellency Lieutenant General
Doctor Sheikh Mohamed Bin Abdullah Al-Khalifa
Chairman of the Supreme Council of Health



WELCOME MESSAGE

Dear distinguished guests,

It is with great pleasure that we welcome you to the First Bahrain Psychiatry Conference, to be held on October 12-13 at the Gulf Convention Center in Bahrain. This conference will bring together leading experts, researchers, and practitioners in the field of mental health and wellbeing to share their knowledge and insights on the latest developments and best practices in the field.

Under the patronage of His Excellency Lieutenant General Doctor Sheikh Mohamed Bin Abdullah Al-Khalifa, Chairman of the Supreme Council of Health, Kingdom of Bahrain, this conference promises to be an exceptional event. With a wide range of topics to be covered, including the latest advances in diagnosis, treatment, and research in the field of psychiatry and psychological interventions, this conference is a must-attend event for everyone working in the field of mental health.

As a participant, you will have the opportunity to engage with your peers, network with like-minded professionals, and learn from some of the most respected voices in the field of psychiatry. We look forward to welcoming you to this exciting event and are confident that you will find it both informative and engaging.

Thank you for your participation, and we look forward to seeing you at the First Bahrain Psychiatry Conference.

Dr. Raja Alyusuf

Conference President



 **ORGANIZING** COMMITTEE



Dr. Amin Abdulla

Chairman Of Al Jean Medical Center
Managing Director Education Plus
Doctorate In Business Administration



Mr. Sherif Al Sherif

B.Sc Biochemistry & Microbiology
Business Event Manager | Education Plus
Sales Manager , Medical Aesthetic
Perfect Solution for Medical Equipment



Mr. Ahmed Ali

Events Operation Manager
Education Plus



Ms. Fatema Ali Naser

B.Sc Mass Communication
Business Event Organizer | Education Plus
Media Specilast | Al Jenan Medical Center
Media and Marketing Manager | Perfect Solutions



Eng. Masooma Hassan

Project Manager
Education Plus



Mr. Mohammed Toq

Head of PR & Media Department
Education Plus



SCIENTIFIC COMMITTEE



Dr. Haitham Jahrami

Dr. Haitham Jahrami is the Chief, Rehabilitation Services at Governmental Hospitals, Kingdom of Bahrain.



Dr. Husain AlShakhoori

Dr. Husain AlShakhoori is the chairperson of psychiatry Hospital, Governmental Hospitals, Bahrain. He is a senior consultant in rehabilitation of chronic psychiatric illnesses. He is a senior lecturer at Royal College of Surgeons in Ireland - Bahrain.



Dr. Fadhel Jasim Alnasheet

Head & consultant of Forensic Psychiatry
Psychiatric Hospital of Kingdom of Bahrain
Senior lecturer at Rcsi of Bahrain
Head of Training Committee



Dr. Alaa Abdulnabi Alsadadi

Consultant psychiatrist with more than 26years experience in the field.
Psychiatric Hospital – Bahrain
Clinical Associate Professor of psychiatry at the Royal College of Surgeon of Ireland RCSI – Bahrain
Master in Psychotherapy for Psychiatric Practice , University of Queensland - Australia



Ms. Nehad AlRashed

Nehad AlRashed is the Acting Chief of Nursing Services for Psychiatric Hospital, Muharaq Centre for Special Elderly care and Sitra Special Health Care Centre at Governmental Hospitals, kingdom of Bahrain.



Dr. Feras Al Saif

MBBCh, ABOPsych, MRCPsych, is a skilled psychiatrist with extensive experience providing high-quality care/services for mentally ill patients in Bahrain. He is working as a chief resident in Psychiatric Hospital. He is a member of the Royal College of Psychiatrists - United Kingdom and certified Arab Board of Psychiatry. He is an experienced researcher and content reviewer. He tutors undergraduate medical students at the Faculty of Medicine - Arabian Gulf University. Driven by his passion for improving people's lives and mental health, he channels his efforts to positively impacting the world."



Dr. Hadeer Alqassab, MD, ABOPsych

She works as chief resident in child and adolescent department in psychiatry Hospital, Governmental Hospitals, Bahrain.
She is a tutor of undergraduate medical students at the Faculty of Medicine - Arabian Gulf University.



SPEAKERS



Dr. Abdulkarim Mustafa Ibrahim Awadh

Consultant Psychiatrist
Serene Psychiatry Hospital, Bahrain

He graduated from Al-Azhar University School of Medicine in 1983. He was a Hubert H. Humphrey Fellow at the Johns Hopkins University, USA, in 1993-1994. He got his Doctoral Degree of Psychiatry, in 1994, from Al – Azhar University school of medicine. He was a professor of psychiatry at King Faisal university in Saudi. He is a retired professor of psychiatry from Al-Azhar university Cairo Egypt. Currently, he is a consultant psychiatrist, founder, and head of team of Serene Psychiatry hospital in Bahrain.



Dr. Abdullah Habib

Dr. Abdullah Habib graduated with a Doctorate degree in Psychiatry from the University of Glasgow where he was placed in both the Medical department and the institute of Neuroscience & Psychology. He also has a Clinical Certificate in Clinical Psychopharmacology from the British Association of Psychopharmacology in Cambridge and a Master Certificate in Psychopharmacology from the Neuroscience Education Institute in California, United States. He is trained in a variety of treatment and diagnostic methodologies such as brain stimulation, brain imaging, psychometrics, psychotherapy and psychopharmacology.

Dr. Habib has been formally trained in brain stimulation and brain imaging at the university of Glasgow one of the world's top neuroscience centers. Dr. Habib has over 9 years of experience in the fields of TMS and other brain stimulation modalities and is actively involved in brain stimulation clinical research with the aim of making brain stimulation treatment more efficient and more accessible to different groups of patients.

Dr. Habib has lectured at the University of West Scotland and the University of Glasgow teaching and supervising both Psychology and Medical students. He is also the founder of the Autism Research Group at the University of Glasgow.

Dr. Habib is currently the CEO and Chief Scientific Officer of TMS NextGen and the Director of Clinical Neuropsychology at MindWell center in Kuwait where he is responsible for developing all clinical protocols related to Transcranial Magnetic Stimulation.



Dr. Ahmed Ebrahim

He is a rehabilitation expert with a wide spectrum of clinical and managerial experience in long-term care, holistic health, and seniors' wellbeing, formerly in the Ministry of Health, and currently in the Government Hospitals. His master's and research-based doctoral studies specialized in management sciences with an in-depth focus on healthcare development and trustworthiness in healthcare provision. He is actively engaged in projects of developing operational and strategic excellence in rehabilitation, healthcare practices & quality-of-life-promoting approaches. He is an active speaker in the fields of health promotion, human well-being, and healthcare leadership and advancement. His inspirational model in training and mentorship had empowered different generations of senior-level students from Bahrain University to master academia-to-practice bridging competencies in rehabilitation. He is also an affiliated researcher at Ahlia University- Bahrain.



Dr. Ahmed Malalla Al-Ansari

Professor, Department of psychiatry – College of Medicine and Medical Science – AGU, June 2020.
Consultant child and adolescent psychiatrist (1980-2022), Ministry of Health.

Counsellor, Deanship, Students affair – AGU, September 2008 until now.

Bahrain representative in the higher council of the Arab council of Health Specialties. 2018 until now.

Chairman, Committee of child and adolescent, psychiatry scientific council – Arab council of health specialties, 2014-2019.

SPEAKERS



Dr. Ahmed S. BaHammam

Currently, he is the Executive Director of Academic Affairs at the Medical City, King Saud University; the Director of Prince Naif Health Research Center; the Director of the University Sleep Research Center; and the Ex-Director of the Research Ethics Council at the College of Medicine, King Saud University.

Dr. BaHammam is currently a tenured Pulmonary and Sleep Medicine Professor at King Saud University (KSU), Riyadh, Saudi Arabia. King Saud University awarded him the Lifetime Achievement Award (2016) for his contribution to sleep medicine service, education, and research. He published more than 340 scientific articles, around 60 chapters, 4 books, and 5 Practice Guidelines.

He is the Editor-in-Chief of Nature and Science of Sleep, and Associate Editor of Scientific Reports (Nature).



Dr. Alaa Abdalnabi Alsadadi

Consultant psychiatrist with more than 26 years experience in the field.
Psychiatric Hospital – Bahrain

Clinical Associate Professor of psychiatry at the Royal College of Surgeon of Ireland RCSI – Bahrain
Master in Psychotherapy for Psychiatric Practice , University of Queensland - Australia



Dr. Ali Alsalman

Consultant Psychiatrist

MD, Arab Board Psychiatry

20 years' work experience in psychiatry

Head of community psychiatric services

Training coordinator for specialty training residency program (Arab board)

Lecturer and coordinator for Arabian Gulf University in psychiatric Hospital



Dr. Adel Aloff

MBBS, DPM (Ireland), ABOPsych

Senior Psychogeriatric Consultant

Fellowship in Psychogeriatric (Australia)

Assistant Professor – Department of Psychiatry – College of Medicine and Medical Science – Arabian Gulf University

Head of Psychogeriatric & Community – Psychiatric Hospital – Bahrain.



Dr. Amel Hussain Alawami

MBBS, MAAP, MPA

She is currently a Developmental Behavior Pediatrician at Johns Hopkins Aramco Saudi Arabia

Currently a Pediatric Residency Program director at JHAH

She has a Master of Public Administration (MPA) Suffolk University, Boston, MA, USA

Leadership Education in Neurodevelopmental and related disabilities (LEND) at Eunice Kennedy Shriver Center, UMass Medical School, Worcester, MA, USA

Previously a General Pediatrician in SAMSO



SPEAKERS



Ms. Buthaina Asfoor

Currently a Nurse supervisor/ community psychiatric nursing Ministry of Health/ Psychiatric Hospital/Kingdom of Bahrain
Previously Nurse supervisor / community psychiatric nursing.
Nurse supervisor / Intellectual disability ward
Her educational background as follows: Kingdom of Bahrain
2009-2011 MSc in Nursing Sciences/ RCSI of Bahrain.
2002-2004 Baccalaureate Degree in Nursing Sciences/ CHS.
1997-1999 Associated Diploma in General Nursing/ CHS.



Professor Charlotte Kamel

MBBCH, DPM (Diploma of Psychiatry Medicine) (UK), MRCPsych (Member of Royal College of Psychiatrists) FRCPsych (Fellow of Royal College of Psychiatrists) (UK)
Senior Consultant Psychiatrist

- Head of Department of Psychiatry of The Royal College of Surgeons in Ireland in Bahrain working as a Professor of Psychiatry from Sep 2009 - Today.
- She started her training in 1980 at The University hospitals of Liverpool & London in Guys & St Thomas Hospitals.
- Obtained diploma of psychiatry from the Royal College of Physicians in 1982.
- Membership of the Royal College of Psychiatrists in London in 1984.
- Fellow of the Royal College of Psychiatrists in 1996.
- Diploma in Health care Management from The Royal College of Surgeons in Ireland in April 2000.
- Joined the Arabian Gulf University from 1987 till 2007 as an Assistant Professor of Psychiatry.
- Chairperson of the organization committee for several conferences of Psychiatry in Bahrain in association with the Royal College of Psychiatrists, UK in 1991, the World Psychiatric Association 1996, Pan Arab congress in psychiatry in 2000 and the Arabian gulf psychiatric association as a subdivision of the World Psychiatric Association
- International member of the American Psychiatric association.
- Member of the World Federation of Mental health.
- Vice president of the Arab Gulf Psychiatric Association.
- Active member of the Pan Arab union of Psychiatrists.
- Vice president of Bahrain psychiatric association under Bahrain Medical Society.
- Visiting Consultant Psychiatrist from Bahrain as part of a liaison program for exchange of professors with UK to Guys Hospital and St Thomas in London for one month on two consecutive years in 1996 and 1997.



Dr. Feras Al Saif

MBBCh, ABOPsych, MRCPsych, is a skilled psychiatrist with extensive experience providing high-quality care/services for mentally ill patients in Bahrain. He is working as a chief resident in Psychiatric Hospital. He is a member of the Royal College of Psychiatrists - United Kingdom and certified Arab Board of Psychiatry. He is an experienced researcher and content reviewer. He tutors undergraduate medical students at the Faculty of Medicine - Arabian Gulf University. Driven by his passion for improving people's lives and mental health, he channels his efforts to positively impacting the world."



SPEAKERS



Prof. George Tadros

MB BCh, Dip Psych and Neurology, MRCPsych, CCST, MD, FRCpsych
Deputy CMO, Consultant Psychiatrist, ACPN, UAE
Professor of Psychiatry and dementia, at Aston University, UK
Adjunct Professor of Psychiatry, Cairo University, Egypt
Adjunct Professor at Khalifa University, UAE
Visiting Professor of Dementia Care, Chester University, UK.



Dr. Haifa Algahtani

Dr. Haifa Mohammad Saleh Algahtani has led an impressive career as a psychiatrist, therapist, supervisor, teacher, researcher, and trainer of Cognitive Behavioral therapy. She is the founder and executive director of the Renewal and Reward center, Dammam Saudi Arabia.
Cochair of specific CBT group section of the World Psychiatric Association.
Former chief of Psychiatry Department at Arabian Gulf University.



Dr. Hasan Ali Fadhl

Dr. Hasan Ali Fadhl is a consultant of psychiatry and psychosomatic medicine (Consultation-Liaison Psychiatry). He is currently working for multiple major private hospitals in the kingdom of Bahrain.

Dr. Hasan was an associate consultant at king Saud university medical city (KSUMC), working as a member of the psychosomatic medicine team in which he attended wards and ICU consultations in addition to covering specialized outpatient clinics for Psycho-oncology, Neuropsychiatry & Psycho-nephrology at king Khalid university Hospital (KKUH) in Riyadh, Saudi Arabia.

Dr. Hasan is a graduate of Arabian Gulf University in which he attained his (M.D.) in 2001 & He was board certified in Psychiatry after doing his residency training at Government Psychiatry Hospital Bahrain. Later, he continued his training abroad and was awarded two sub-specialty clinical fellowships, one in Consultation-Liaison Psychiatry from (UK) and the other in Adult Psychosomatic Medicine from (KSA).



Dr. Jassim Haji

International expert, strategist and researcher in Artificial Intelligence and Digital Transformation. He is currently President of Artificial Intelligence Group and Executive Adv. At HH Shk Nasser AI Research & Development Centre.

He participated as a key speaker and chairman in over 365 technology conferences in the Middle East and Europe to cover the latest technologies such as Artificial Intelligence, Cloud Computing, Big Data, Cyber Security and Digital Transformation. He also published articles in relation to the above topics. Dr Haji managed to achieve forty-three top Middle Eastern technology, innovation, and entrepreneurship awards, including 12 Chief of Information Technology distinguished awards. Furthermore, he has been featured on the cover page of 19 international technology and aviation magazines with over 180 interviews. Moreover, published five books in English, Spanish and Arabic on Artificial Intelligence, Algorithms, Digital Transformation post-COVID-19, and Technology and over 720 articles on AI & technologies with international land international press and media in English and Arabic.

Dr Haji received his Doctorate in Business Administration (PhD) from the University of Northumbria at Newcastle, UK in 2010. He has completed his masters in management of information Technology from the University of Sunderland, UK and graduated in telecommunications from the famed Cable and Wireless College, Cornwall, UK.



SPEAKERS



Dr. Mahmood Al Saeed

MB Bch BAO(NUI), MRCP(UK), DCSM(RCPI), MRCP(UK) Geriatric Medicine
Currently Consultant in Geriatric Medicine & Internal Medicine at Salmaniya Medical Complex, Ebrahim Khalil Kanoo Community Medical Centre Bahrain
Also, a Medical Resident in General Internal Medicine/ Elderly Rehabilitation at Salmaniya Medical Complex.
Previously a Registrar Training Post in Geriatric Medicine & Stroke Disease (RCPI) at St. James Hospital Dublin, Ireland
Dr. Conal Cunningham, Dr. Miriam Casey, Prof Bernard Walsh Experience in Medicine for the Elderly, Bone health and osteoporosis, Falls prevention and Syncope including tilt table testing, Stroke disease, Thrombolysis and rehabilitation.



Prof. Mariwan H Husni

Prof. Mariwan Husni, completed his residency training in psychiatry at the University of Western Ontario (UWO) and following that he completed a fellowship in Addiction Psychiatry at the same university.
He has been a fellow in psychiatry with The Royal College of Physicians, Canada since 1997. He became a member of the Royal College of Psychiatrists, UK (MRCPsych) in 2001. He became a fellow of the Royal College of Psychiatrists (FRCPsych) in 2009.
He also holds a postgraduate certificate in cognitive analytic therapy from Sheffield Hallam University, UK. He has completed the Federation Licensing Examination (USA), and the Licentiate of the Medical Council (LMCC), Canada.



Mrs. Muysar Awadhalla

Muysar is a nurse Midwife educator holding a master's degree in Acute Adult Care-Oncology specialization and a higher Diploma in Health Care Management from RCSI. She is the former Chairperson of the Nursing Department and Director of the WHO Collaborating Center for Nursing and Midwifery Development at CHS-UoB. She is one of the founder members of the Arab Board of Health Specialization for Nursing and Midwifery at the Arab League-Council of Arab Ministers. Muysar is an active member of Humanitarian services at the Bahrain Red Crescent Society and one of the network members for Mental Health and Psychosocial Support (MHPSS) in the MENA region.



Ms. Nada Abdulrahman

A specialist in the psychological and family field, more than 15 years of experience in the counseling field, and more than 9 years of experience in the field of psychological counseling in psychiatric clinics, a trainer in mental health and the preparation of counseling programs and I have participated in the preparation of multiple psychological studies.

- Her Educational background as follows:
- Master's degree in family counselling – 2023 – UOB –
- B. S in community service – 2004 – UOB
- Vocational diploma in mental health – 2019 – Egypt
- Training diploma – 2014 – World training and coaching Council

SPEAKERS



Dr. Nada Mohamed

MBBCH, MD, MRCPsych
Consultant Psychiatry

Lecturer In Psychiatry At Alexandria University, Egypt.

Postdoctoral Fellow University of Toronto, Ontario, Canada.

Currently a Psychiatrist at Bahrain Specialist Hospital since 2014

Her educational background as follows:

- MRCPsych

- Member of royal college of psychiatrist

- Doctorate degree:

- Doctorate degree in Neurology and psychiatry at the Faculty of Medicine of Alexandria University.

Date of attendance: 2009- 2014.

- Master's degree:

School name: Faculty of Medicine, Alexandria University, Egypt.

Degree obtained: master's degree in Neurology and Psychiatry.

Dates of attendance: 2005 – 2008



Dr. Ovais Wadoo

MBBS, MRCPsych, MSc, CCT, FRCPsych, FRCP (Edin)

Senior Consultant, Hamad Medical Corporation

Clinical Associate Professor, College of Medicine, Qatar University

Chairman of the Middle East Division of the Royal College of Psychiatrists

Dr. Wadoo is the chair of the Middle East Division of the Royal College of Psychiatrists. He plays a key role in delivering its international strategy and overseeing its activities in the Middle East and North Africa. He was awarded the fellowship of the Royal College of Physicians (Edinburgh) and the fellowship of the Royal College of Psychiatrists as a mark of distinction and recognition of contributions to medicine, psychiatry, and medical education.

He is a clinical associate professor at the College of Medicine - Qatar University (CMED-QU). He has a key role in medical education and research. He is involved in the psychiatry residency program and led the establishment of various sub-specialty psychiatry fellowship programs in Qatar, the highest in the Middle East region, in his role as the director of the psychiatry fellowship program. He has led and contributed to the establishment of a psychiatry clerkship program in CMED-QU in his role as an associate clerkship director.

Dr. Wadoo is a senior consultant in community mental health services who has played a key role in the transition to community-based care and in promoting the education and training of primary care physicians. He led the award-winning program of training primary care physicians in 2018. He has been instrumental in the standardization of clinical practice through his leadership of the clinical guidelines and audit group and has been involved in producing national guidelines for mental disorders in the state of Qatar. His research has a clinical focus aimed at improving the care of people with mental disorders. He has an established record of research work published in international journals in addition to presentations at regional and international conferences.



SPEAKERS



Prof. Samaa Sherif El Abd

MBBCh., MSc., FRCPsych (UK).

Consultant Child and Adolescent Developmental Neuropsychiatrist

Dr. EL ABD is an Egyptian British Child and Adolescent Consultant Psychiatrist. She has been practicing medicine in the UK since 1985 and in Dubai since 2015.

Dr El Abd practices at the Happiness Clinic in Dubai and at the Cromwell Hospital in London.

She had the position of Consultant Child and Adolescent Psychiatrist since 1998 in the UK, where she worked at St Georges Hospital London and at the Maudsley Hospital (South London and Maudsley NHS Foundation Trust). Dr El Abd has also worked at the University of Cairo and the University of Zurich.

At the South London and Maudsley NHS Foundation Trust, she had a particular responsibility for the management and the running of a community service for neurodevelopmental disorders, Including children with Attention Deficit Hyperactivity Disorder (ADHD) and Autism. She has a special interest in the interaction between developmental and behavioral disorders and in psychopharmacology.



Prof. Suaad Moussa

Consultant in Child and Adolescent Psychiatry

Emeritus Professor of Psychiatry, Cairo University

Past Head of Child Psychiatry Unit, Cairo University;

Founding President of Egyptian Child & Adolescent Psychiatry Association ECAPA, member of IACAPAP

Graduated from American University in Cairo (AUC) with a BA in Psychology in February 1984 and from Cairo University, Faculty of Medicine in November 1984. She received her training in psychiatry in both Egypt and UK. She had her Master Degree MSC in Psychiatry & Neurology November 1988, Doctorate Degree in Psychiatry May 1994 from Faculty of Medicine, Cairo University & Postgraduate Certificate in Applied Systemic Theory from the University of East London and the Tavistock Clinic in 1998.

Main interests in child psychiatry are the disruptive disorders, parenting, child safeguarding, infant psychiatry and infant/child-maternal dyad problems.

2004 – 2007: WHO Temporary Adviser for Child & Adolescent Psychiatry.

2007 – 2009: member of executive committee in charge of Child and Adolescent Units of the General Secretariat for Mental Health- Ministry of Health & Population.

2008 – 2009: member of the WPA taskforce for setting the guidelines for the Protection & Promotion of Mental Health in Children of Persons with Severe Mental Disorders.

2012 Founded the Egyptian Child & Adolescent Psychiatry Association ECAPA

2018 – till now Deputy General Secretary of the Egyptian Child & Adolescent Psychiatry Fellowship

2019 Member of the committee of Child & Adolescent Psychiatry for the Arab Board of Medical Specialization



SPEAKERS



Dr. Samar Said Anis Sabry Mahmoud

Currently Consultant Psychiatrist | Specialist Psychiatrist
Directorate of Health & Social Affairs, Ministry of Interior, Kingdom of Bahrain

Her education background as follows:

M.D.: Psychiatry 2012

Institute of Psychiatry Ain Shams University | Egypt

M.Sc.: Neurology & Psychiatry 2004

Ain Shams University | Egypt

M.B.BCH. 1997

Current Professional Memberships

- American Psychiatrist Association
- Egyptian Psychiatric Association
- Egyptian Medical Syndicate
- Arab Organization for Psychotherapy



Dr. Waiel Alani

Dr. Waiel Alani is a consultant psychiatrist in Bahrain Defense Force Hospital since 2015 and senior lecturer in Royal College of Surgeons in Ireland-Bahrain. Dr. Alani is an editor and reviewer for more than one respected journal, and has many publications, community-based awareness activities and an active input in more than one medical society.

He received his bachelor's in medicine and surgery from Baghdad Medical College in Iraq in 1990. His journey in psychiatry had been started since 1996 when he joined the residency program and got the fellowship of Council of Arab Board in Psychiatry in 2001. He worked in Baghdad-Iraq from 2001-till 2006. On 2005, He was approved by American Academy of Child and Adolescent Psychiatry (AACAP) after completing the training in Childrens National Medical Center in Washington D.C and Training on PTSD in Children and adolescence by university of Missouri-Colombia, international center for psychosocial trauma. He was one of the founders of Iraqi Association of Child Mental Health. He left Iraq in 2006 and worked in Jordan from 2006-2008 then he moved to Bahrain in 2008 and worked firstly in Bahrain Specialist Hospital then Royal Bahrain Hospital from 2008 till 2015.



Dr. Zahra Merza

Chief resident psychiatry

BSc-MD (Agu)

Arab board certificated (psychiatry)



Dr. Zainab Anwar M.Yusuf

Board-certified radiologist

Vice president of the health awareness committee at Bahrain Red Crescent society



PROGRAM | DAY 01

Time	Topics	Speaker
08:00-08:30	Welcome & Registration	
08:30-09:00	Suicide, not a legal issue	Prof. Charlotte Kamel (BAH)
09:00-09:30	Covid 19 and other psycho-stressors impact on mental health	Dr. Ali Alsalman (BAH)
09:30-10:00	Lifestyle and Psycho-Social interventions and Pschiatry	Dr. Ovais Wadoo (QAT)
10:00-10:45	Opening Ceremony & Exhibition Tour	
10:45-11:00	Coffee Break	
Session I	NOVEL PSYCHIATRY SESSION Chair: Dr. Husain Alshakori - Prof. Ahmed Alansari	
11:00-11:30	AI in Mental Health	Dr. Samar Anis & Dr. Feras Al Saif (BAH)
11:30-12:00	Artificial Intellegence Innovation and Mental Health	Dr. Jassim Haji (BAH)
12:00-12:30	Psychiatry Cross-Talk	Prof. Ahmed AlAnsari (BAH)
12:30-13:00	Novel Therapy in Psychiatry	Prof. Mariwan Husni (BAH)
13:00-13:30	Janssen Session	
13:30-14:30	Lunch Break	
Session II	CLINICAL PSYCHIATRY SESSION Chair: Dr. Fadhel Alnasheet	
14:30-15:00	TMS - Clinical Practice	Dr. Abdullah Habib (KWT)
15:00-15:30	Dual Diagnosis in Drug Depedency	Dr. Abdulkarim Mostafa (BAH)
15:30-16:00	New Development in Schizophrenia Treatment: A Brief Overview	Dr. Nada Mohamed (BAH)
16:00-16:30	Sleep and Psychiatric Disorders	Prof. Ahmed BaHammam (KSA)
16:30-17:00	Psychiatry and Sexual behaviors	Dr. Alaa Al Saddadi (BAH)
	Closing	



PROGRAM | DAY 02

Time	Topics	Speaker
08:00-08:30	Welcome & Registration	
Session I	CHILD & ADOLESCENT PSYCHIATRY SESSION Chair: Dr. Nayla Naser - Dr Fatema Abdulnoor	
08:30-09:00	ADHD in Adult	Dr. Wael Al Ani (BAH)
09:00-09:30	Implementation of M-Chat screening for Autism in Psychiatry in Saudi-Arabia	Dr. Amal AlAwami (KSA)
09:30-10:00	ADHD, A Clinician's journey with their patients	Dr. Samaa El Abd (EGY)
10:00-10:15	Coffee Break	
Session I	GERIATRIC PSYCHIATRY SESSION Chair: Prof. Mariwan Husni	
10:15-10:45	Psychogeriatric Services in Bahrain	Dr. Adel Aloffi & Dr Zahra Merza (BAH)
10:45-11:15	Psychosis in Older People	Prof. George Tatharos (UAE)
11:15-11:45	Best Practices in Delirium management	Dr. Hasan Fadul (BAH)
11:45-12:15	Rational Medication use in Dementia	Dr. Mahmood AlSaeed (BAH)
12:15-12:45	Janssen Session	
12:45-13:45	Lunch Break	
Session II	PSYCHIATRY MATTERS SESSION Chair: Prof. Charlotte Kamel	
13:45-14:15	Lundbeck Session	
14:15-14:45	CBT interventions for patients with anxiety disorders	Dr. Haifa Algahtani (KSA)
14:45-15:15	The relationship Between Marriage silence and psychosomatic disorder	Ms. Nada Abdulrahman (BAH)
15:15-15:30	Coffee Break	
15:30-16:00	Patient experience, satisfaction and trust in psychiatric services	Dr. Ahmed Husain (BAH)
16:00-16:30	Home care providers' management of mentally ill member during the pandemic	Ms. Buthaina Al Asfoor (BAH)
16:30-17:00	Stigma of Mental disorders	Dr. Feras Al Saif (BAH)
	Closing	



WORKSHOP | DAY 01

CAIRO UNIVERSITY - FACULTY OF MEDICINE

Time	Topics	Speaker
11:00 - 14:00	PARENTING WORKSHOP	Prof. Suaad Moussa & Dr.Samaa El Abd (EGY)



WORKSHOP | DAY 02

ROYAL COLLEGE OF PSYCHIATRISTS - INTERNATIONAL CHAPTER

Time	Topics	Speaker
9:00 - 12:00	CAPACITY ASSESSMENT WORKSHOP	Dr. Ovais Wadoo (QAT)

INTERNATIONAL RED CROSS BAHRAIN

Time	Topics	Speaker
14:00 - 17:00	PSYCHOLOGICAL FIRST AID	Mrs. Muysar Awadhalla & Dr. Zainab Yusuf (BAH)