

Under the Patronage of  
His Excellency Lieutenant General Doctor

**Sheikh Mohamed Bin Abdullah Al Khalifa**  
Chairman Supreme Council of Health, Kingdom of Bahrain

**6<sup>th</sup> IMDO**   
*Internal Medicine, Diabetes & Obesity*  
**CONFERENCE**



**18, 19 & 20**  
**JAN 2024**

The Diplomat Radisson Blu Hotel,  
Kingdom of Bahrain

**18**  
**CME**  
ACCREDITED

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 جمعية السكري البحرينية  
Bahrain Diabetes Society

**Hybrid Conference**  
Jan. 18 Physical Conference  
Jan. 19-20 Via Zoom



Under The Patronage Of His Excellency Lieutenant General  
**Dr. Sheikh Mohamed Bin Abdullah Al-Khalifa**  
Chairman of the Supreme Council of Health



## **CHAIRMAN MESSAGE**

### *Dear Colleagues*

As the president of the 6<sup>th</sup> consecutive IMDO conference, I am greatly honored and pleased to welcome you all and express my sincere appreciation for joining us here in the Kingdom of Bahrain and extend a very warm welcome to all of you, in particular our distinguished speakers from the Gulf and Arab states, Europe, and the United States of America . Your enthusiasm and interest in sharing your experience and knowledge with us is immensely appreciated.

The cardiovascular diseases, diabetes and obesity like many other clinical specialties are not only facing challenges arising from the vast development of new technologies, the increasing emphasis on higher standards, guideline based care but also to the ever rising expectations for higher quality and an affordable cost with best effective services.

This is forcing us to reappraise how services should be provided in the future. These changes will no doubt place an increasing demand on our knowledge, skills and competencies. To meet these changes and demands we need to intensify our partnership and cooperation with our colleagues from all over the world.

This conference we hope shall provide a unique opportunity for local, regional and international experts to share their experiences and knowledge gained from their research and clinical practice. With this outstanding scientific program prepared by the Scientific and the Organizing committee and with the presence of this number of internationally renowned speakers and participants I am sure we shall remember this event for many years to come.

Finally on behalf of all the members of the committees and all those who spared no time to contribute with their efforts to bring this conference to its final shape, allow me to wish you all a rewarding and a fulfilling experience in IMDO 6.

My sincere gratitude goes to Supreme Council of Health, Ministry of Health, National Health Regulatory Authority, Private Hospital Association, Education plus, Noor Specialist Hospital and all the pharmaceutical companies which supported and contributed to the success of this event.

**Dr. A.Wahab M. A.Wahab**  
Conference Chairman

## CHAIRPERSONS



**Dr. A. Wahab M. A. Wahab**  
*Conference Chairman*

*Senior Consultant General and Laparoscopic Surgeon, Noor Specialist Hospital  
Chairman Of the Board Of Trustees Of Primary Health Care  
Chairman of Private Hospitals Association  
Former Vice Dean and Associate Professor  
Arabian Gulf University*



**Dr. Assaad AL Dafter**  
*Conference Co - Chairman*

*Consultant in Endocrinology, Diabetes, Metabolism, and Obesity Medicine  
MRCP Internal Medicine  
MRCP Endocrinology, Diabetes and Metabolism  
Fellowship of Royal College of Physicians  
Noor Specialist Hospital ,  
Al Dafter Medical Center*



**Dr. Amin Abdulla**  
*Chairman Organizing Committee*

*Chairman of Aljenan Medical Center  
Managing Director Education Plus  
Doctorate in Business Administration*



**Dr. Eman ElFaraj**  
*Co-Chair Organizing Committee*

*Senior Medical Officer  
Infection Control Coordinator  
Medical Coordinator  
MSc Healthcare Management, RCSI, Ireland*

## SCIENTIFIC COMMITTEE



**Dr. Assaad AL Dafter**

Consultant in Endocrinology,  
Diabetes, Metabolism & Obesity Medicine  
Noor Specialist Hospital  
Al Dafter Medical Center



**Dr. Affaf Elshafei**

Senior Consultant Obstetrician and  
Gynaecologist  
Chairperson of The Board  
Noor Specialist Hospital



**Dr. Abeer AlYafaey**

Consultant Obstetrician and Gynaecologist  
Medical Director  
Noor Specialist Hospital



**Dr. Amer Alderazi**

President of Bahrain Medical Society  
Consultant General Bariatric and Advanced  
Laparoscopic Surgeon  
Salmaniya Medical Complex



**Dr. Ghazi Al Mahroos**

Consultant Physician and  
Endocrinologist



**Dr. Hesham Khalfan**

Consultant Internist and Diabetologist  
Salmaniya Medical Complex



**Dr. Neriman Lotfi**

Consultant Clinical Nutritionist  
Medical Nutrition Center



**Dr. Rabaa Al Hajeri**

Consultant Family Physician and  
Diabetologist  
Be well for family Medicine & Diabetes



**Dr. Syed Raza**

Consultant Cardiologist & Physician  
Awali Hospital



**Dr. Shaymaa Abdelmaboud**

Senior Cardiac Specialist Heart Imager  
Alsalam Specialised Hospital

## ORGANIZING COMMITTEE



### Dr. Amin Abdulla

Chairman Of Al Jenan Medical Center  
Managing Director Education Plus  
Doctorate In Business Administration



### Dr. Eman ElFaraj

Senior Medical Officer  
Infection Control Coordinator  
Medical Coordinator  
MSc Healthcare Management, RCSI, Ireland



### Mr. Ahmed Ali

Events Operation Manager  
Education Plus



### Eng. Masooma Hasan

Project Manager  
Education Plus



### Mr. Mohamed Tooq

Head of PR & Media Department  
Education Plus



### Mr. Muhammad Shahwaiz

Web developer  
Education Plus



### Mr. Mohammed Adnan


H.R. Manager  
Noor Specialist Hospital



### Dr. Shaima Alnashaba

Internal Medicine Specialist

## DAY 1 - 18 JAN. 2024 (PHYSICAL ATTENDANCE)

Time	Topics	Speaker
08:00 - 09:00	Welcome & Registration	
<b>09:00-09:45</b>	<b>Opening Ceremony &amp; Coffee Break</b>	
<b>Session I</b>	<b>Session Chairs: Dr. Syed Raza &amp; Dr. Ghazi Almahrous</b>	
09:45 - 10:15	SGLT2 Inhibitors Antidiabetic or Heart Failure Medication?	Dr. Syed Raza (BAH)
10:15 - 10:45	C-Peptide in Clinical Practice	Dr. Assaad Aldafter (BAH)
10:45 - 11:15	New Insulin, How Can it Help our Patients?	Prof Abdulmohsen H. Al Elq (KSA)
11:15 - 11:45	Dyslipidemia Management in Diabetic Patients	Prof. Taysir Garadaha (Bah)
<b>Session II</b>	<b>Session Chair: Dr. Lubna Kamaluddin</b>	
11:45 - 12:15	Uncommon Presentation of Common Diseases are More Common than Common Presentations of Uncommon Diseases	Dr. Omar Abdul-Jabbar (BAH)
12:15 - 12:30	<b>Poster Presentation Review</b>	
<b>12:30-13:30</b>	<b>Lunch Break</b>	
<b>Abbott Symposium</b>		
13:30 - 14:00	Updates in the Management of Functional Dyspepsia-Indigestion	Dr. Ahmed Al Saegh
<b>Session III</b>	<b>Session Chairs: Ghazi Almahrous &amp; Dr. Assaad Aldafter</b>	
14:00 - 14:30	Diabetes Mellitus Management, Post Bariatric Surgery	Prof. Naji Alamuddin (BAH)
14:30 - 15:00	Obesity Management	Prof. Waleed Albaker (KSA)
15:00 - 15:30	Parenteral Nutrition in Perioperative Patients, Clinical Scenario	Mrs. Nagham Nouredine (BAH)
15:30 - 16:00	Panel Discussion All Speakers	
	<b>Closing</b>	

## DAY 2 - 19 JAN. (VIRTUAL ATTENDANCE VIA ZOOM)

Time	Topics	Speaker
08:45 - 09:00	Welcoming Delegates	
<b>Session I</b>	<b>Session Chairs: Dr. Syed Raza &amp; Dr. Assaad Aldafter</b>	
09:00 - 09:30	Diabetes and Bone	Prof Abdulmohsen H. Al Elq (KSA)
09:30 - 10:00	Recent Updates In Diabetic Foot Ulcer Prevention, Importance of Screening and Increasing Patient Awareness	Dr. Ahmed Elashry (BAH)
10:00 - 10:30	Updtaes on Rheumatoid Arthrities, How it Can be Treated Early?	Dr. Basem Mustafa (BAH)
10:30 - 11:00	Paradigm Shift in Obesity Management Leading to Better Cardiovascular Outcome	Dr. Syed Raza (BAH)
<b>11:00 - 12:00</b>	<b>Jumaa Prayer Time</b>	
<b>Session I I</b>	<b>Session Chairs: Dr. Rabaa Al Hajeri &amp; Dr. Hesham Khalfan</b>	
12:00 - 12:30	Updates on Diabetic Gasteroparesis	Dr. Hesham Khalfan (BAH)
12:30 - 13:00	Current Strategies and Chalanges in H. Pylori Treatment, 2024	Dr. Ali Albaggali (BAH)
<b>Session III</b>	<b>Session Chairs: Ghazi Almahrous &amp; Dr. Assaad Aldafter</b>	
13:00 - 13:30	Gestaional Diabetes	Dr. Ann Bahiya (BAH)
13:30 - 14:00	Imaging of Non-Alcoholic Fatty Liver Disease (NAFLD)	Dr. Jameel Almozan (BAH)
14:00 - 14:30	Robotic Adrenalectomy	Prof. Rabii Madi (UAE)
14:30 - 15:00	Approach for Thyroid Nodule	Dr. Reem J. Al Argan (KSA)
15:00 - 15:30	Behavioral and Psychological Aspects of Eating Patterns before and after Bariatric Surgery	Dr. Michel Nawfal (LEB) Dr. Jeremy Alford (LEB)
	<b>Closing</b>	



## DAY 3 - 20 JAN. (VIRTUAL ATTENDANCE VIA ZOOM)

Time	Topics	Speaker
08:45 - 09:00	Welcoming Delegates	
<b>Session I</b>	<b>Session Chairs: Dr. Moulinath Banerjee &amp; Dr. Shaymaa Abdelmaboud</b>	
09:00 - 09:30	SGLT 2 Effects in Heart Failure Patients	Dr. Shaymaa Abdelmaboud (Bah)
09:30 - 10:00	Poly-Incretin Therapy and its Impact on the Management of Diabetes and Obesity	Dr. Moulinath Banerjee (UK)
10:00 - 10:30	Sleep Apnea in Diabetic Patients	Dr. Ahmed Elsherbiny (BAH)
10:30 - 11:00	Proteome Profiling Reveals Gender Differences in Serum of Bahrainis with T2DM	Dr. Rabab Abdulwahab (BAH)
<b>Session II</b>	<b>Session Chairs: Prof. Ali Alhamdani &amp; Dr. Amer Alderazi</b>	
11:00 - 11:30	Bariatric Tourism, is it Safe?	Prof. Ali Alhamdani (UK)
11:30 - 12:00	What are the Available Choices for Weight Regain after Surgery?	Dr. Amer Alderazi (BAH)
<b>12:00 - 12:15</b>	<b>Break</b>	
<b>Session III</b>	<b>Session Chairs: Dr. Huda Omran &amp; Dr. Abeer AlYafaey</b>	
12:15 - 12:45	Reflex Sympathetic Dystrophy Syndrome	Dr. Ahmed Elsebaaie (Bah)
12:45 - 13:15	Cardiovascular Safety of Testosterone Treatment Results of (i) a UK Individual Patient and Aggregated Data Meta-Analysis and (ii) a USA Prospective RCT	Dr. Richard Quinton (UK)
13:15 - 13:45	Premature Ovarian Failure, New Hope for the Patients	Dr. Salam Jibrel (BAH)
13:45 - 14:15	NASH (Nonalcoholic Steatohepatitis) Can it be Prevented and Treated ?	Dr. Najah Alzayani (BAH)
	<b>Closing</b>	

## SPEAKERS

### Prof. Abdulmohsen H. Al Elq (KSA)



Professor of Internal Medicine and Endocrinology  
Master's in Health Professional Education, Department of Internal Medicine/ Department of Medical Education  
King Fahd Hospital of the University, Khobar, Saudi Arabia  
College of Medicine, Imam Abdulrahman Bin Faisal University, Dammam, Saudi Arabia  
Graduated from the college of medicine, King Faisal University (currently Imam Abdulrahman Bin Faisal University), Dammam, Saudi Arabia and had my MBBS degree on 1989. I obtained the King Faisal University fellowship in internal medicine on 1993 and the Arab Board certificate in internal medicine on 1994. I had fellowship training in the field of endocrinology and metabolism at the University of Western Ontario - Canada and I obtained the Fellowship of the American College of Endocrinology on the year 2000. I also obtained a master's degree in health professional education from Gulf University - Bahrain on 2010

### Prof. Ali Alhamdani (UK)



Consultant Bariatric Surgeon working in London for the past 13 years. My MD in Molecular Biology from the University of Wales. I have more than 300 publication and presentations in National and international conferences. I am one of the leader and organizers for international teaching fellowships with the association of Oxford University and the International Bariatric Societies. I have performed more than 3500 primary and revisional bariatric procedures

### Dr. Ahmed Elashry (BAH)



Experienced Specialist in the field of general surgery with more than 8 years of experience with a demonstrated history of working in the medical practice industry. Skilled in patient oriented Customer Service, Medical Education, Medicine, and Emergency surgery and trauma, laparoscopic surgery, breast oncological surgery. Strong professional with a Masters degree of surgery focused in General surgery from Alexandria University.

### Dr. Ahmed Elsebaaie (BAH)



Dr Ahmad Elsebaaie, Consultant of Internal Medicine, Alkindi Specialist Hospital, MBBCH, MSc, PhD (MD)  
Worked As a Consultant of Internal Medicine in Egypt from 2006 Till 2013 Then as A Consultant of Internal Medicine From 2013 In Bahrain till Now.

### Dr. Ahmed Salaheldeen Elsherbiny (BAH)



ENT Specialist at Dr. Abdulla Kamal Medical Center.  
Former ENT Specialist at Noor Specialist Hospital.  
Former ENT Specialist at Alghareeb Medical Center and Bahrain Sleep Lab.  
Former ENT Specialist and ENT Unit Coordinator at Alexandria New Medical Center.



**Dr. Ali Al Baggali (BAH)**

Consultant Gastroenterologist at Al kindi Hospital  
Fellowship In Clinical And Transplant Hepatology From Leonard M. Miller School Of Medicine - University Of Miami - USA, 2007  
Fellowship In Gastroenterology And Hepatology From Leonard M. Miller School Of Medicine - University Of Miami - USA, 2006  
Bachelor Of General Medicine And Surgery - Cairo University - 1998



**Dr. Amer Alderazi (BAH)**

President of Bahrain Medical Society  
Consultant General Bariatric & Advanced Laparoscopic Surgeon  
Salmaniya Medical Complex.  
Graduated from the University of Alexandria, Egypt.  
Clinical Fellowship in General Surgery, McMaster University, Canada.



**Dr. Assaad Al Dafter (BAH)**

Consultant in Endocrinology, Diabetes, Metabolism and Obesity Medicine, Noor specialist Hospital.  
MRCP Internal Medicine and MRCP Endocrinology, Diabetes and Metabolism from United Kingdom, London.  
Fellowship of Royal College of Physicians of London.



**Dr. Ann Bahiya (BAH)**

Dr Ann is consultant Obestetrics and Gynecology with experience of more than 14 years in field of obstetrics and Gynecology  
Dr Ann Bahiya worked in BDF hospital, Bahrain International hospital, Middle East hospital, alyarmmok teaching hospital aldafter medical center and Albilad Hospital



**Dr. Basem Mustafa (BAH)**

Senior Consultant Physician & Rheumatologist, Bahrain Defense Force, Royal Medical Services.  
Senior clinical lecturer, Royal college of Surgeons of Ireland - MUB, Kingdom of Bahrain.

### Dr. Hesham Khalfan (BAH)



Consultant Internist and Diabetologist at Salmaniya Medical Complex / Government Hospitals, Where He Is Head of The General Internal Medicine Unit and Runs the GI Filter Clinic in The Department of Internal Medicine. Graduated From American University of Beirut Faculty of Medicine and Completed Internal Medicine Residency at The Indiana University School of Medicine. Certified By the American Board of Internal Medicine In 2005. Worked as a Consultant Previously In USA, King Hamad University Hospital, And Bahrain Defense Force Hospital/Royal Medical Services. Participated in Many Research Trials, International Conferences, and Teaching in Medical Field and Diabetes Mellitus.

### Dr. Jameel Almozan (BAH)



Consultant Radiologist. Head of Radiology Department at Gulf Medical & Diabetes Centre, Al- Noor General Hospital in Bahrain Kingdom. He worked as Specialist Radiologist & then as a consultant radiologist at different Iraqi and Bahrain Hospitals. He was radiology lecturer at Al Kofa medical college & the Head of the Department of Radiology at Al - Kindy Medical College- Baghdad. Also, as a visiting Consultant Radiologist at Baghdad Medical City, Baghdad Institute of Radiology and Gastroenterology and Hepatology Centre. He presented lectures, studies, and scientific papers at multiple National & International Conferences.

### Dr. Jeremy Alford (LEB)



Jeremy is a clinical psychologist with over 20 years of mental health experience working in multicultural settings in the UK, the Middle East and Southeast Asia. He runs his own customized mental health wellness retreat program as well as consults in private practice. He graduated from the University College Kensington in the UK. He adopts a person-centered multimodal approach consisting of cognitive behavioural therapy, mindfulness, clinical hypnotherapy & neurofeedback/biofeedback. He has a core specialisation in the treatment of eating disorders and obesity. As a Senior Lecturer he trains and supervises healthcare professionals with the latest thinking from a range of evidence-based psychological approaches including health psychology and other approaches offering those with eating distress or even weight management hope, recovery, and change. He is stigma-aware, gender-aware and sensitive to the needs of every person

### Dr. Michel Nawfal (LEB)



President of the Lebanese Psychological Association  
Dr. Michel Nawfal is a Mental Health Professional. He's a Medical Doctor and a Licensed Clinical Psychologist in Lebanon with a focus on Cognitive Behavioral Therapy. He received his undergraduate education in premedical studies (BS: Bachelor of Science) at the American University of Beirut in 1998 after which he earned his medical degree (MD degree) from St. George's University School of Medicine with clinical rotations at the Brooklyn Hospital Center in New York, a Cornell University affiliate in 2003.  
Dr. Nawfal had an interest in psychological disorders and their complexity. Deciding to practice in the Psychological and Behavioral Sciences, he has pursued graduate education again at the American university of Beirut to earn a master degree in psychology with an internship in psychotherapy at the American University of Beirut Medical Center. Trained and supervised in Cognitive Behavioral Therapy through the extra-mural program by the Beck Institute, Dr. Nawfal is a CBT therapist

### Dr. Moulinath Banerjee (UK)



Consultant Physician and Clinical lead in Diabetes, Endocrinology Weight management & General Medicine  
Divisional Research lead for Acute Adult Division, Bolton NHS Foundation Trust.  
Honorary Clinical Lecturer in Centre for Endocrinology & Diabetes Research Group University of Manchester, United Kingdom.  
Ph.D. from Manchester University following a successful grant receipt from British Heart Foundation.  
Led quality improvement projects and published peer-reviewed articles in various journals of Diabetes and Endocrinology.  
Associate Editor of the British Journal of Diabetes and Clinical Champion of Diabetes UK.

### Mrs. Nagham NourEddine (BAH)



Nagham Nouredine Clinical Dietitian, Head of Department , RD, NHRA registered working from 2009 as a clinical dietitian , 2011 in Sulmaniya medical complex for 7 years  
Smile studios for 2 years  
Joined Ibn AL Nafees Hospital as Head of Department - currently working there  
Always being part of school workshops , Diabetes awareness campaigns , hosted to spread knowledge on Bahrain Tv, Radio Plus FM , and Radio Bahrain , using social media to spread knowledge on nutrition and health .

### Dr. Najah Alzayani (BAH)



Graduated 1973 Bachelor of Science, Doctor of Medicine American University of Beirut Lebanon (1977), Residency in Internal Medicine at University of Florida and Wayne State University USA (1980-1977), American Board of Internal Medicine (1980), Fellowship in Gastroenterology Baylor College of Medicine (1982-1980), American Board Certified in Gastroenterology (1982), Faculty of Baylor College of Medicine, Department of Gastroenterology (1984-1982), Aramco Medical Service (1986-1984), Arabian Gulf University Faculty (1991-1986), Private Practice Gastroenterology and Hepatology, Kingdom of Bahrain (1986 to present).

Presently, Vice Chairman of Bahrain Specialist Hospital and head of Gastroenterology Department.



**Dr. Naji Alamuddin (BAH)**

Consultant Endocrinologist, King Hamad University Hospital  
Senior lecturer at the Royal College of Surgeons-MUB  
Research focuses on the treatment of obesity, involving behavioral, pharmacological, and surgical approaches  
Awarded an NIHK12 Mentored Clinical Scientist Development Program award



**Dr. Omar Abduljabbar (BAH)**

Consultant Neurologist, Bahrain Defense Force Hospital  
Clinical Neurology lecturer, RCSI – Bahrain  
Lecturer College of Medicine, Arab Gulf University



**Dr. Rabab A. Wahab (BAH)**

Researcher in Molecular Medicine , former Assistant professor at College of Health and Sport Sciences, University of Bahrain PhD. in Molecular Medicine, Arabian Gulf University



**Prof. Rabii Madi (UAE)**

Rabii Madi is a Urologic Oncologist with 15 years of academic and clinical experience in Urologic Oncology and Minimally Invasive Surgery. He was the Director of Robotic Surgery at Case Western Reserve in Cleveland, USA, before moving to Georgia, USA, and heading the Urologic Oncology and robotic surgery programs at Augusta University Health for 9 years.  
Dr. Rabii Madi is among the most experienced robotic surgeons in the USA. He has performed more than 2300 robotic surgeries and has more than 50 peer-reviewed publications and 120 presentations in national and international meetings. He has pioneered new techniques and approaches in urologic oncology and robotic surgery. Dr Rabii Madi is considered one of the best urologists in Dubai and the wider Gulf region



**Dr. Richard Quinton (UK)**

Consultant and Senior Lecturer in Endocrinology Royal Victoria Infirmary University of Newcastle-upon-Tyne  
Regional Specialty Advisor for the UK Northern Deanery  
Awarded the Ralph Noble Prize by the University of Cambridge for MD Thesis on hypogonadotropic hypogonadism, which remains his principal area of research interest

### Dr. Reem Jaafar Al Argan (KSA)



Consultant Endocrinologist –King Fahad Hospital of University-Khobar- Saudi Arabia. Assistant Professor- Imam Abdulrahman Bin Faisal University- Dammam-Saudi Arabia  
Obtained a Bachelor degree of Medicine and Surgery from King Faisal University in 2007. Then, obtained Saudi and Arab Board of Internal Medicine in 2011, followed by Saudi Fellowship of Diabetes and Endocrinology under Saudi Commission of Health Specialties in 2016. Followed by, endocrine tumors fellowship from McGill University, Montreal, Canada in 2018. A fellow of American College of Endocrinology and has Certification in endocrine ultrasound. Currently works as consultant endocrinologist in King Fahad Hospital of the University and Assistant Professor in Imam Abdulrahman Bin Faisal University, Saudi Arabia. Main interest is endocrine tumors. Head of Endocrine Section and Diabetes Center in King Fahad Hospital of the University, Saudi Arabia. Active in research and has many publications in the field of endocrinology.

### Dr. Salam Jibrel (BAH)



Senior Consultant Obstetrics And  
Gynecology, IVF  
Dr. Salam Jibrel Center

### Dr. Shaymaa Abdelmaboud (BAH)



MD, Msc (cardiology) ,HIT , EgSCM, EACVIM  
EgSC BOARD OF ECHOCARDIOGRAPHY 2016, SCMR, ALSALAM SPECIALISED HOSPITAL  
DR.SHAYMAA ABDELMABOUD ELSAYED, MD, PHD, MSC CARDIOLOGY AIN SHAMS UNIVERSITY,  
CARDIOLOGY, senior SPECIALIST AT ALSALAM SPECIALISED HOSPITAL.  
CONSULTANT CARDIOLOGIST FROM EGYPTIAN SYNDICATE reg number: 201016.  
Received bachelor degree in medicine and surgery from AIN SHAMS UNIVERSITY, cairo, Egypt, December2007,  
then residency program in cardiology department of EL-DEMERDASH AIN SHAMS university hospitals and  
VACSERA cardiology clinic for 2 years till 2012, Completed my residency program at NATIONAL HEART  
INSTITUTE GIZA, from 2012 till 2016.

### Dr. Syed Raza (BAH)



- Consultant Cardiologist and Physician , HOD Medicine at Awali Hospital Bahrain
- Fellow of Royal College of Physicians of Edinburgh
- Fellow of American college of Cardiology , European Society of Cardiology , European Society of Cardiovascular Imaging
- European Board Certified in Heart Failure
- American Board in Medical Quality
- PG Diploma in Medical Education, University of Cardiff (Wales)
- PG Diploma Healthcare Administration , Westford University, UK
- Regional coordinator Medical Education Royal College of Physicians of Edinburgh
- Examiner PACES - Royal College of Physicians (UK )
- Author ' Battling with COVID – MY personal experience' (published November 2022 ) and 'Communication and Presentation Skills for Healthcare Professionals- a Simple Guide' (published May 2023 )
- Founder of Charity organization - 'Raza Foundations'

### Prof. Taysir Garadaha (BAH)



Full-time professor of cardiology and internal medicine in medical department in Arabian gulf university. He works as part time in the university medical Centre in Arabian gulf university.  
Was working as part time consultant cardiologist in king Hamad university hospital.  
Had access to interventional cardiology in Bahrain specialist hospital for coronary angiography and angioplasty.  
Had the fellow ship of cardiology and medicine from the Royal college of medicine of Ireland.  
had MD and Master degree of interventional cardiology from Trinity College in Dublin- Ireland.  
His main interest is the CT angiography and development of medical simulation  
Had 44 medical publications in indexed international Journal mainly in the field of cardiac care ,echo - pulsed Doppler study in patients with sickle cell disease and thalassemia in Bahrain .  
He is the founder of the medical simulation program in Arabian gulf university since 2017.

### Dr. Waleed Albaker (KSA)

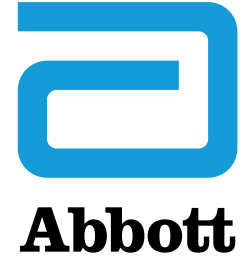


Associate professor of internal medicine and endocrinology at college of medicine , imam Abdulrahman bin Faisal university  
Graduated 1999 from king Faisal university MBBS  
Got American and Canadian board of internal medicine from university of British Columbia Vancouver Canada 2005  
Then got American and Canadian board in endocrinology from university of Alberta , Edmonton 2008  
X -vice dean of clinical affaire college of medicine 2018  
X chairman of internal medicine department 2014  
Currently program director of endocrinology fellowship at king fahad hospital of the university 2024  
Published more than 60 papers in field of diabetes and endocrinology



## Abbott Session

Updates in the Management of Functional Dyspepsia-Indigestion



### Dr. Ahmed Alsaegh (BAH)

Dr. Ahmed Alsaegh, MD, MRCP(UK), ABSC(Int. Med.) is the esteemed head of the Gastroenterology, Hepatology, and Endoscopy Division at SMC. With over 20 years of experience, he is a highly accomplished and dedicated consultant gastroenterologist. Dr. Ahmed obtained his medical degree from Charles University School of Medicine and further specialized in Neurogastroenterology and Advanced Endoscopy through a fellowship in Singapore. His expertise lies in the diagnosis and treatment of gastrointestinal disorders, with a particular focus on advanced endoscopy techniques and personalized treatment approaches. Dr. Ahmed is renowned for his compassionate patient care, active involvement in research, and unwavering commitment to medical education. He holds board certifications in internal medicine and gastroenterology and is a respected member of professional organizations such as the American Gastroenterological Association





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# KINGDOM OF BAHRAIN AT A GLANCE

The Kingdom of Bahrain is an archipelago of low lying islands located in the Arabian Gulf off the Eastern shore of Saudi Arabia. Frequently called the Pearl of the Arabian Gulf, Bahrain has a history of civilizations that date back more than 5,000 years.

Bahrain is the ancient site of the immortal land of Dilmun, and was the religious centre to Sumerians, Babylonians and Assyrians, as proven by many archaeological excavations.

Many legends surround the land – the multitude of ancient burial grounds here gave rise to the title “Isle of Eternity,” before modern archaeology explained them as a legacy of Dilmun times; centuries upon centuries of human habitation packed into one compact site.

Writings of the ancient Sumerians refer to Dilmun as a pure and sacred place where sickness and death do not exist, a paradise land of sweet waters.

The area does in fact have fresh water artesian and under seabed springs, rich in minerals

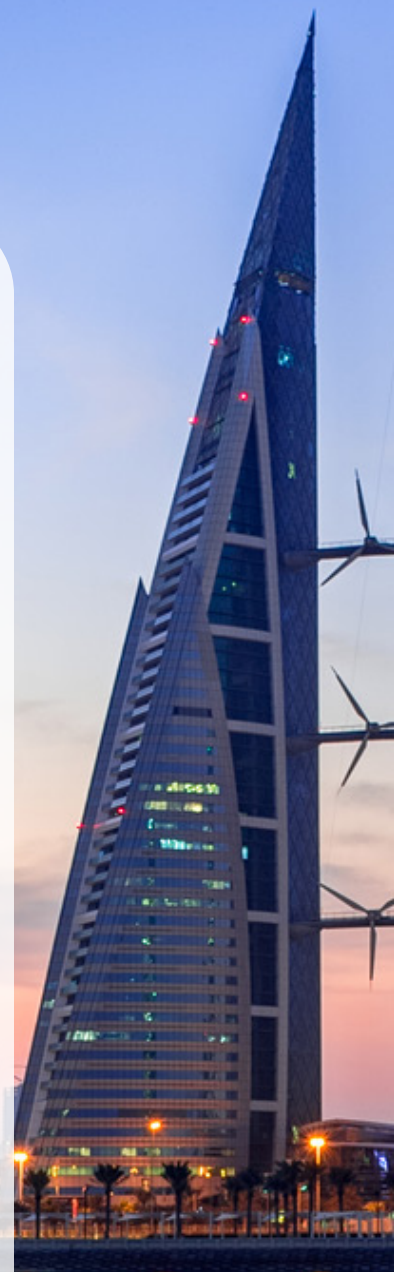
and especially fluoride-known locally as sweet-water. These have sustained life here since the Ubaid civilization of Neolithic times 6000 years ago.

The sweet-water spring may be the basis for the legend of Gilgamesh; a Sumerian epic of a quest for immortality from the flower of life (pearl) which leads to Dilmun, the “land of two seas”.

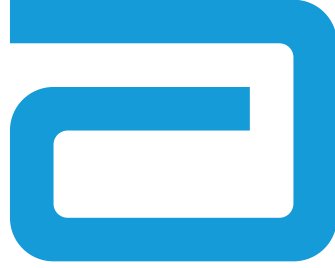
From the mists of time to a vibrant present Bahrain thrives under a stable and prosperous government.

Today, the modern Arabic name «Bahrain» still retains this meaning – “two waters”, it’s landscape is a tapestry of marvelous old sites and colorful traditional markets dotted between modern skyscrapers and buildings.

While relatively small in population, land area and resources, Bahrain has achieved a high level of social and economic development over a short period of time.



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